



Dear Parent/Carer/Guardian,

We are excited to be working with Rooks Heath School this year to deliver an unforgettable summer experience for students in year 11.

At Watford FC's Community Sports and Education Trust, we run multiple programmes that are available to the local community. NCS (National Citizen Service) is one of many provisions we run that is open to 15–17-year-olds and offers the opportunity for a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life. They will also do something good for their local community, carrying out a project to support a cause they care about. We have seen first-hand what an amazing feeling of accomplishment and increased confidence this brings.

Over a period of 2 or 3 weeks, they will;

- ✓ Meet new people
- ✓ Try new things
- ✓ Give back to their local community through voluntary action
- ✓ Take on new challenges
- ✓ Develop the skills and confidence to take on their next steps
- ✓ Generate experience for their university application, job/apprenticeship interview or CV and more!

NCS is all about helping teenagers realise their potential by giving them a taste of independence and loading them up with new skills that set them up to achieve their future goals, whatever they may be. And this year, it is your teen's turn!

We would normally attend school to give an assembly and allow your teen the chance to express their interest in coming away with us. This year, to keep a safe distance, we will tell your teen about the programme via a video that will be shown at school and we will ask them to sign up online at wearencs.com.

If your teen wants to register their interest in taking part in NCS this summer, we will ask them to share your contact details. This is so that we can complete the administrative process required to get them signed up to a programme date. If they let us know they are interested, we will be in touch with you by email or phone to run through the steps we need to complete their booking.

For more information, please see the below NCS information. Alternatively, you can go to wearencs.com to sign up or for more information. Frequently asked questions can be found at wearencs.com/faqs. Alternatively, if you have any questions or do not think these dates will work with your summer plans, give us a call and we'll do our best to help you out: **0800 197 8010**.

We look forward to welcoming your teen on NCS this summer!

Best wishes,
Becca, Katie and Anne-Marie
Watford FC CSE Trust



What is NCS?

The NCS programme offers young people, aged 15-17, a once in a lifetime opportunity to do something meaningful with their summer break, as well as a chance to develop skills and take on new challenges that will set them up for adult life.

What is NCS?

So far, over 600,000 young people across the country have participated in NCS. Last August, teenagers on NCS donated 200,000 hours of their time to help rebuild their communities after the first lockdown, showing what a difference young people can make when they work together towards a goal.

There is the option of doing a 2-week programme or 3-week programme, in either residential or non-residential settings, depending on restrictions.

3-week programme – week 1 - residential, week 2 – independent living and skills development, week 3 - social action project

2-week programme – week 1 - independent living and skills development and week 2 - social action project

Structure of the Programme

Due to COVID 19, residential activities are dependent on restrictions

Phase 1: 5 day residential (3-week programme only)

Phase 2: Independent living and skills development

Phase 3: Social Action Project

Phase 4: Celebration of participation at an awards evening at Watford Football Club – subject to restrictions

After a year of being at home in lockdown, why not sign up and have an amazing summer!

Key Dates for 2021

NCS programmes run outside of school term time. We have four waves running in Watford for Summer 2021:

3 week wave - 12/07/2021 – 30/07/2021

2 week wave - 02/08/2021 – 13/08/2021

The NCS experience will cost a maximum of £50 contribution per young person. The government fund the remaining £1,500 to ensure it is an inclusive experience, available to all.

Feedback from Students

Last summer, we had 77 young people from the Harrow area complete programme, some of whom attended the same school as your young person.

“Knowing that I have been able to help my own community in this tough time has been really fulfilling! The staff were so friendly and made me feel very welcome and safe”.

“I enjoyed getting to know new people that are the same age as me and in the local area, I hope to stay in contact with them when the programme ends. I had a fun 2 weeks, it as a great opportunity to expand my skill sets”.

“NCS is a lot of fun, and you get an amazing feeling from supporting a charity like we did.”