



19 March 2021

NHS Test and Trace: At Home COVID-19 Testing for Students

Dear Parents and Carers

I am writing to update you about the next phase of the asymptomatic home COVID-19 testing.

Where students had taken 3 on site LFD tests, home test kits and an updated instruction booklet were issued at the start of this week so that they can continue to undertake twice weekly LFD testing at home. We have continued on site LFD testing this week, and are now issuing home test kits and an updated instruction booklet to all other students who have been part of the on site LFD testing. These students can now also continue LFD testing at home.

Students should test at home twice weekly:

- Years 11, 12, and 13 (home testing days Tuesday and Friday)
- Years 8 and 9 (home testing days Wednesday and Sunday)
- Years 7 and 10 (home testing days Thursday and Monday)

How the home tests work

If your child is 11 years old they should be tested by an adult. Children aged 12 – 17 should be supervised by an adult. The LFDs supplied do not require laboratory processing and will provide you with a quick result in around 30 minutes. Comprehensive guidance on self-testing is contained in the updated 'Instructions for Use' leaflet which comes with the test kit. There is also a useful video to show you how to administer the test:

[YouTube video](#)

Once the test has been conducted you will need to log the test result online at:

[Gov.uk / NHS LFD Test Reporting Site](#)

You will also need to inform us of the test result on this link:

[Rooks Heath School Test Reporting Site \(Students\)](#)

You will receive a text/email notification of a positive or negative result from NHS Test & Trace. Tests are free of charge and will be provided by the school.

Students who declined to participate can still attend school if not symptomatic.

People who decline to participate in this testing programme should follow the usual national guidelines on self-isolation and anyone should get tested if they show symptoms.



LFD testing does not replace testing for those with symptoms. Anyone showing coronavirus symptoms should book a PCR test:

[PCR test](#)

LFD testing is available for parents, their households, and support or childcare bubbles. These tests can be accessed:

- Ordering tests online www.gov.uk/order-school-household-tests
- Getting an assisted test at work, if it is available
- Attending a test site to get tested (where you will be able to see how to take the test) or pick up tests to do at home.

We will support our students throughout but let us know if you have any questions. Please use the email address covid@rooksheath.harrow.sch.uk for related queries. Queries may be answered by Mrs Wright (COVID Coordinator) or Ms Soti (Registration Assistant), or other key staff.

Yours sincerely

Mrs Miriam Manderson
Headteacher