

Friday, 26 February 2021

Dear Parents / Carers,

Return to School and Lateral Flow Testing

I am delighted to inform you about arrangements for the return to following the recent lockdown. As promised please find below the details according to year group.

You will be aware that we have already set up our in-school testing centre which has been operating since January very successfully with staff and the few students who have attended on site. When students attend to carry out their lateral flow tests, they do not need to wear school uniform and they must go straight home afterwards. All students will receive time slots to attend so please ensure they look out for this communication on Microsoft Teams.

Lateral Flow Testing (1) timetable:

Date	Year group	Details
Tuesday 2nd March	Year 11	9:00am – 12:00pm
	6 th Form	12:30pm – 2:00pm
Wednesday 3rd March	Year 9	9:00am – 12:00pm
	Year 8	12:30pm – 3:30pm
Thursday 4th March	Year 10	9:00am – 12:00pm
	Year 7	12:30pm – 3:30pm
Friday 5th March	Year 11	9:00am – 12:00pm
	6 th Form	12:30pm – 3:30pm

Staggered return to school begins. Students will have lateral flow tests (2) and (3) during this week

Monday 8th March	Year 11 and the 6th Form return to school for lessons
Tuesday 9th March	Years 8 and 9 return to school for lessons
Wednesday 10th March	Years 10 and 7 return to school for lessons
Thursday 11th March	All students are in school following normal timetables.
Friday 12th March	

Following the completion of 3 lateral flow tests, students will be given home testing kits (only available for students who have completed the onsite testing). Once again here is the link to complete the [consent survey](#) Please do this whether you provide your consent or not. You will also need to read the accompanying [privacy notice](#). We would like this completed by **1pm on Friday 26th February at the very latest.**



We have recently been made aware that Harrow is offering families the opportunity to conduct the first test at one of their centres during the weekend of 6th and 7th March. If you would prefer your child to do this instead, please book at: <https://www.harrow.gov.uk/test>

You will need to provide us with evidence of your child having taken the lateral flow test before attending on 8th March which can be done simply by emailing the Contact Us email address or by phone.

Return to normal school timetable:

From Monday 8th March, all students must attend wearing full school uniform. We ask that you use the time before to check that their school uniform is adequate and still fits them or to purchase necessary replacement items so that everyone is appropriately dressed. The normal school expectations of punctuality, attendance and behaviour exist and we will be very firm about the absence of any items of school uniform. Angels the uniform shop is offering a click-and-collect service from 1st March.

If you are experiencing any financial or any other difficulties, please contact your child's head of year.

It will be wonderful to have the school community together learning and working again. Thank you for all you have done to support their remote learning to date.

Yours sincerely

Mrs M Manderson
Headteacher

Please note this testing programme does not change the advice if your child has any symptoms of Covid-19: Students MUST NOT come into school if they have any symptoms and must book a PCR test as soon as possible.

HOW TO DO YOUR TEST

WHILE THIS IS A SELF-SWAB TEST, THERE WILL BE A TESTING HELPER WHO WILL OVERSEE THINGS AND PROVIDE HELP IF YOU NEED

1



YOUR COVID-19 TEST WILL BE SCHEDULED. IF YOU ARE UNDER 16, YOUR PARENT / CARER WILL HAVE CONSENTED

2

YOUR TEST WILL BE FAST AND WHILE IT MIGHT FEEL A LITTLE UNCOMFORTABLE, IT WON'T HURT YOU



3



BLOW YOUR NOSE IF NEEDED. WASH AND DRY/SANITISE YOUR HANDS. REMOVE THE SWAB BEING CAREFUL NOT TO TOUCH THE SOFT PART

4



10 SECS

OPEN YOUR MOUTH WIDE AND USE A MIRROR TO LOOK AT THE BACK OF YOUR THROAT, THEN USE THE SWAB TO RUB FIRMLY 4 TIMES ON EACH SIDE

5

REMOVE THE SWAB CAREFULLY WITHOUT TOUCHING YOUR TEETH, TONGUE OR GUMS

6

GENTLY PLACE IT ABOUT 2-2.5 CM INSIDE ONE OF YOUR NOSTRILS. ROLL THE SWAB 4-5 TIMES ALONG THE LINING OF THE NOSTRIL, THIS WILL TAKE 10-15 SECONDS

8

YOUR SWAB CAN THEN BE PLACED IN A TUBE FOR TESTING, THIS TAKES ABOUT 30 MINUTES



7

AFTER THIS, YOU'RE DONE, GENTLY REMOVE THE SWAB BEING CAREFUL NOT TO LET ANYTHING TOUCH THE TIP

9



YOUR SCHOOL / COLLEGE WILL CONTACT YOU OR YOUR PARENT / CARER WITH THE RESULTS AND LET YOU KNOW WHAT HAPPENS NEXT