

Eastcote Lane, Harrow, Middlesex HA2 9AH

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www.rooksheath.harrow.sch.uk

Thursday, 12 November 2020

Dear Parents,

We have been advised that there have been further confirmed cases of COVID-19 within the school community.

We are continuing to monitor the situation and are following government guidance. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

We have been in contact with the DFE and the LA and have implemented our internal track and trace systems. The affected students and all others identified as close contacts have been asked to self-isolate at home.

The school remains open and providing your child remains well they can continue to attend school as normal. We will keep this under review. Currently, we do not meet the PHE threshold to send home any entire year group. This means that students who are self-isolating will have work set for them to do at home. Students are able to access work set using Microsoft Teams.

What to do if your child develops symptoms of COVID-19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared.

All other household members who remain well must stay at home and not leave the house for 14 days.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at:

https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.





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Hands

Wash your hands regularly and for at least 20 seconds.

Face

- Cover your face in enclosed spaces, especially where social distancing may be difficult and where you will come into contact with people you do not normally meet.
- It is now compulsory to wear cloth face coverings on public transport, shops and several other indoor settings.

Space

- Stay 2 metres apart where possible, or 1 metre with extra precautions in place.
- Keep your distance from people who are outside your household or support bubble.
- Limit social gatherings (including abiding by the 'rule of 6') and avoid crowded places.

Further Information

Further information is available at: https://www.gov.uk/coronavirus/education-and-childcare
If anyone does develop symptoms, you can seek advice from NHS 111 at: https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/ or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19.

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further Information Further information is available at:

https://www.gov.uk/government/publications/guidance-to-educational-settings-about-covid-19

We are grateful to all the parents who are supporting the school in following our protocols including teh wearing of face coverings which are compulsory for all staff and students in communal areas. Students will be permitted to wear these also in class and remove to speak as required. Please ensure that your child has a mask to wear and a plastic bag to carry it in should they wish to remove it (e.g. when eating).

Yours sincerely

Mrs M Manderson

Headteacher

