ROOKS HEATH SCHOOL
Strive to be your best

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06 November 2026

Dear Parents / Carers,

RE: Year 10 PSHE Drop Down Morning

I am writing to inform you about the PSHE provision for Year 10 students on Thursday 26th November 2026. Students will be taken off the standard timetable during periods 1-2 and receive sessions about misogyny and digital safety which will be delivered by School staff. This will equip them with the skills to live safe, healthy, and productive lives, extending beyond the classroom and into the wider world.

These topics have been chosen in line with statutory guidance from the Department of Education to ensure we fulfil our legal obligations and enable our students to receive comprehensive and factual coverage of matters. Please click here for further information on legal duties which schools must comply when teaching Relationships and Sex Education (RSE) and Health Education.

All materials used will be reviewed in advance to ensure they align with the teaching requirements set out in statutory PSHE and RSE guidance and will align with DfE guidance to ensure they are sensitive to students' experiences and backgrounds and are age appropriate.

As a school community, we are committed to working in partnership with our parents and carers. If you would like to find out more information or discuss any queries, then please do not hesitate to contact the school by phone or emailing contactus@rooksheath.harrow.sch.uk.

Yours sincerely,



Ms L Delaney
Head of PSHE and Personal Development

IQM FLAGSHIP SCHOOL IQM AWARD

Ofsted Good Provider

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