



20 May 2026

Dear Parents / Carers,

RE: Year 10 PSHE/RSE Drop Down Days

I am writing to inform you about the upcoming PSHE/RSE drop-down afternoons taking place on Friday 5th June and Monday 8th June during Periods 4 and 5.

Students will be taken off the standard timetable and receive sessions on AI deepfakes, malicious image sharing, and online sexual exploitation. These sessions will be delivered by school staff who have received training on the subjects. These sessions will equip them with the skills to live safe, healthy and productive lives, extending beyond the classroom and into the wider world.

Teaching about online and offline safety is a requirement as part of statutory Relationship Education. Please click [here](#) for further information on legal duties which schools must comply with when teaching Relationships and Sex Education (RSE) and Health Education. Resources used will align with DfE guidance, be sensitive to students' experiences and backgrounds, and age appropriate.

As a school community, we are committed to working in partnership with our parents and carers. If you would like to find out more information or discuss any queries, please do not hesitate to contact the school by phone or email contactus@rooksheath.harrow.sch.uk

Yours sincerely,

Ms L Delaney
Head of PSHE and Personal Development

