



29th September 2025

Dear Parents / Carers,

RE: Year 11 PSHE/RSE Drop Down Days

I am writing to inform you about the PSHE/RSE drop-down morning on Wednesday, 8th October 2025, periods 1 and 2.

Students will be taken off the standard timetable and receive sessions on AI deepfakes, malicious image sharing and online sexual exploitation. These sessions will be delivered by school staff. These sessions will equip them with the skills to live safe, healthy and productive lives, extending beyond the classroom and into the wider world.

Teaching about online and offline safety is a requirement as part of statutory Relationship Education. Please click [here](#) for further information on legal duties which schools must comply with when teaching Relationships and Sex Education (RSE) and Health Education. Resources used will align with DfE guidance, be sensitive to students' experiences and backgrounds, and are age appropriate.

As a school community, we are committed to working in partnership with our parents and carers. If you would like to find out more information or discuss any queries, please do not hesitate to contact the school by phone or email contactus@rooksheath.harrow.sch.uk

Yours sincerely,

Ms L Delaney

Head of PSHE and Personal Development

