

On-line Workshop

Anger Management

A workshop for all parents/carers of children 3-11yrs

Date: Thursday 19th June 2025

Time: 7-9pm

Venue: On-line via ZOOM

Cost: £14.00/£5.00 concession (with proof)

Price is per parent/carer living in London



To enrol please visit
www.learnharrow.ac.uk
Courses/ Parenting and Family Learning

HOPE

Helping Families to Live and Learn Together

Does your child become angry easily?
Could anger management strategies help you at home?
Would you like to understand your child's anger?

In this 2 hour workshop we will look at improving our understanding of anger and share tips and strategies on how to manage difficult often destructive behaviours and emotions helping to create a happy cohesive home environment.



0208 863 7319 or 07498881496



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