

Harrow Energy Advice and Support with the Cost of Living



Call the Green Doctors

0300 365 3005

Struggling with your energy bills?

Our Green Doctors can help you:

- Reduce energy usage
- Install energy saving devices
- Tackle energy or water debt
- Priority Services Register

The call is free

**THE SERVICE
IS FREE**

This project is funded by UK Shared Prosperity Fund and delivered by Green Doctors, part of Groundwork London- a charity that helps people save money, stay warm, and use less energy.

Find out more at
london.greendoctors.org.uk

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ME!



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HARROW

LEVELLING
UP



GREEN
DOCTOR

The money you deserve



If you're getting into debt over your energy bills, there may be grants that can support you.

We'll check what support you are eligible for and help you to apply for the money you deserve.

Energy saving tips

- Use energy efficient lightbulbs
- Turn the thermostat down by 1°C
- Only boil as much water as needed in the kettle
- Turn appliances and chargers off at the plug



The service we provide



We can offer energy efficiency advice, provide support to apply for:

- WaterSure, Water Plus
- Priority Services Register, and connect you to other sources of help.

Groundwork London
is a registered charity
No. 1121105

To book your free advice session or for more information: 0300 365 3005



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