



02 February 2024

Dear Parent/Carer,

Performance Learning and Rooks Heath School

We are delighted to announce that Rooks Heath School is a partnership school with Performance Learning and will be delivering Performance Learning digital learning to your child. The Performance Learning Platform is a cutting-edge technology delivered alongside the school curriculum to support your child's wellbeing and academic performance.

The Performance Learning Platform is built to nurture mental health and wellbeing while providing a more intelligent, personalised take on traditional skills training. It's currently used by thousands of students across the world. Using a skills-based approach to learning, we help transform and sustain a learner's performance in the classroom and exam hall.

Performance Learning is founded on four elements: Memory; Sleep and Wellbeing; Time-Management and Self-Leadership. These elements are taught and practised, through a series of digital skill pathways. The first step in Performance Learning's partnership with Rooks Heath School is for your child to complete a short computer-based questionnaire we call Foresight. Foresight consists of the following categories:

- Sleep and energy - this looks at how they sleep, their energy as well as how they feel.
- Classwork - this looks at how they feel in class and areas such as maths, writing, and memory.
- Goals - this looks at their goals and what they want to achieve most in class and school.

After completing Foresight, your child will be given access to a series of hyper-personalised digital skill pathways. These pathways focus on teaching your child specific skills as identified through Foresight to best support their needs. We very much look forward to working with the team at Performance Learning.

If you have any questions please feel free to e-mail us on jlogan@rooksheath.harrow.sch.uk or rgill@rooksheath.harrow.sch.uk

Yours sincerely,

Mrs J Logan
Deputy Head Teacher

Mrs R Gill
Pupil Premium Champion
Head of Health & Social Care

