



15 December 2023

Dear Parents and Carers,

Year 10 PSHE Drop Down Morning

I am writing to inform you about the PSHE provision for Year 10 students on Wednesday 20th December 2023, periods 1-3.

Students will be taken off the standard timetable and watch a docudrama based on the impact of debt on mental health. They will also receive sessions on borrowing money, understanding debt and employment law which will be delivered by School staff. Sessions will complement the School Careers programme. This will equip students with the skills to live safe, healthy and productive lives, extending beyond the classroom and into the wider world.

Students will line up for assembly on Wednesday in E block playground and then go to their allocated rooms for period 2 and 3 as outlined below:

10R	D1
10O	D2
10Y	D3
10G	AG12
10B	AG13
10I	AG17
10V	AG20
10W	AG7

Teaching about wellbeing and sourcing support is a requirement as part of statutory Health Education. Please click [here](#) for further information on the legal duties with which schools must comply when teaching Relationships and Sex Education (RSE) and Health Education. Resources used will align with DfE guidance, be sensitive to students’ experiences and backgrounds and are age appropriate.

As a School community, we are committed to working in partnership with our parents and carers. If you would like to find out more information or discuss any queries, then please do not hesitate to contact the school by phone or emailing contactus@rooksheath.harrow.sch.uk.

Yours sincerely,

Miss A Madlani
Wellbeing and Personal Development Coordinator

