

NHS NW London Vaccination Team  
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## Rise in measles cases in Harrow/Brent

Dear Parents and Guardians,

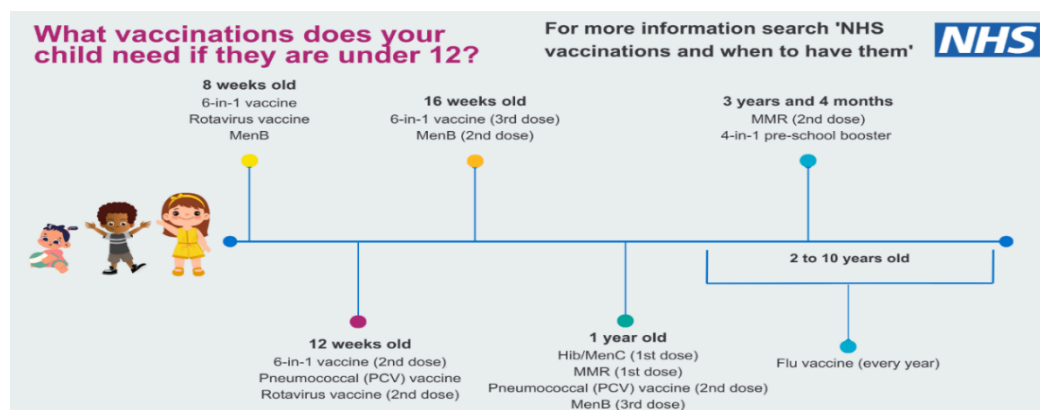
In the last few weeks there's been an increase in the number of measles cases in Harrow/Brent. Measles spreads easily and can cause serious illnesses, including pneumonia and meningitis.

Your child can be protected from this serious infection by receiving two doses of the MMR vaccine. The first dose is given at the age of 12 months and the second dose is given at around 3 years and 4 months, before starting school. Having both doses gives long lasting protection against measles, mumps and rubella. The MMR vaccine It has been protecting children against measles for many years and millions of doses have been administered in the UK.

The vaccine has been thoroughly tested and is the safest and most effective way to protect your child against the disease. You can find more information about the MMR vaccination here: <https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/>

If you are unsure if your child is up to date with all their routine vaccinations, please check their Red Book (personal child health record). If you are still not sure, or if you need to bring your child up to date with their vaccines, contact your GP practice to check and book an appointment. You do not need to be registered with a GP to have these vaccinations.

This graphic shows the vaccinations your child should be having by age.



To find out more about childhood vaccinations, please visit the NHS website:

<https://www.nhs.uk/conditions/vaccinations/nhs-vaccinations-and-when-to-have-them/>

There are catch up clinics running across North West London for all immunisations, including MMR and seasonal flu if your child has missed it at school. Further information can be found here: [Has your child missed out on vaccinations at school? Book in at a catch-up clinic near you :: North West London ICS \(nwlondonicb.nhs.uk\)](#)

To contact the team in Harrow, please call 0208 102 6333 or email [clcht.harrowimmunisationteam@nhs.net](mailto:clcht.harrowimmunisationteam@nhs.net) and you will be directed to your nearest clinic.

For Brent, please call **01895 485 740** and you will be directed to your nearest clinic.

Yours sincerely,

**North West London Health Protection Team**

[nwlhpt.oncall@phe.gov.uk](mailto:nwlhpt.oncall@phe.gov.uk)

**North West London ICB Vaccinations and Immunisation Team**

[nhsnwl.immunisations@nhs.net](mailto:nhsnwl.immunisations@nhs.net)

**0300 30 30 450**