



23 June 2023

Dear Parent / Carer

YEAR 10 PSHE DROP DOWN DAY

I am writing to inform you about the PSHE provision for Year 10 students on:

- Wednesday 12th July 2023 periods 1-3
- Wednesday 19th July 2023 periods 2 and 3

Students will be taken off the standard timetable and receive a series of workshops delivered by School staff. The workshops will aim to inform and equip students with valuable life skills and knowledge helping them to make informed choices and live safe, healthy and productive lives, extending beyond the classroom and into the wider world.

Workshops will cover the following topics:

- Understanding mental health and strategies to build emotional resilience
- Consent, the law and skills for healthy relationships
- Challenging content: The impact of pornography and misogynistic attitudes
- Diversity, inclusion and the Equality Act 2010
- Types of contraception and the prevention of STIs

These topics have been chosen in line with statutory guidance from the Department of Education to ensure we fulfil our legal obligations and enable our students to receive comprehensive and factual coverage of matters.

All materials used will be reviewed in advance to ensure they align with the teaching requirements set out in statutory RSE guidance, are sensitive to students' experiences and backgrounds and are age appropriate.

As a School community, we are committed to working in partnership with our parents and carers. If you would like to find out more information or discuss any queries, then please do get in contact.

Yours sincerely

Miss A. Madlani

PSHE and Wellbeing coordinator

