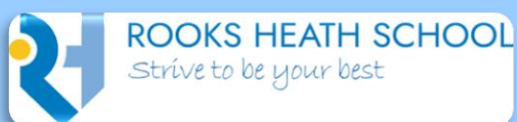


SAFEGUARDING NEWSLETTER



SPRING 2021 – Issue 3

Latest advice for Parents and Carers



Welcome to our first Spring Term Newsletter from the Rooks Heath Safeguarding Team. We aim to bring you all the latest relevant help and advice on a wide range of issues that we feel will be of importance to you.

Not the start to the New Year that we had all hoped for! Challenging times are still, unfortunately, very much with us for the term ahead. Some good news however, we now have a School Social Worker working within Rooks Heath, this adds another vital support link for you during these very testing times!

NEW SCHOOL SOCIAL WORKER

Hello! My name is Evie Phillips and I am the new Social Worker at Rooks Heath School.

Here is a bit more about my role:

- My role is to support children at school to ensure that they are safe and happy whether at home, school, or out in the community.
- I work with children who have struggles with home life, particularly who are being mistreated at home. I work with families to make home life safe and harmonious.
- I work with children who witness unsafe relationships at home, for example issues and conflict between their parents.
- I support families who have low income.
- I also work with families where a member has a mental health issue or any form of disability where they need some extra support.
- I also work with children whose parents have a dependency which means they are not always able to care for their children to the best of their ability.
- But I also work with children who are at risk outside of the family home, whether they are being forced to do something by someone else, who sometimes are older, whether that be a relationship with an older person or being forced to do something they don't want to do.
- And lots more!



Parents, are you worried about: Your child's behaviour, finances and putting food on the table, employment, housing, your own mental health or relationship difficulties and want to talk about these?

Students, are you worried about: Your mental health, food, arguments or fights at home, covid-19, or do you have worries about your brother or sister or friend?

***I will be holding drop-ins over
The Telephone on the days
and times listed below:***

Mondays 2-4pm

Thursdays 10am-12noon

PLEASE EMAIL ME ON

**Evangeline.phillips@harrow.gov.uk to arrange a call
back. If these times don't work for you we can find
another time.**

Look out for my presentation in virtual assemblies soon!



HELPING LOCAL PEOPLE IN CRISIS

Do you need help from the foodbank?

**THE MOST IMPORTANT STEP IS TO GET A
FOODBANK VOUCHER.**

In order to provide the most appropriate help for your circumstances, Harrow foodbank works with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies they work with include: Citizens Advice, housing support officers, children's centres, health visitors, social services and some local charities.

To Get in Touch

If you [call or email](#) the foodbank they can talk through your situation and put you in touch with the relevant local agency.

[Harrow Foodbank | Helping Local People in Crisis](#)



If you are struggling with Home Learning and supporting your children during this current Lockdown, Learn Harrow, promoted by Harrow Council, provides a wide choice of learning opportunities for all ages and abilities across the borough in partnership with various providers.

They have created a google form for parents to tell them what they are interested in:

<https://docs.google.com/forms/d/1pfXbm0GNJh1Xq3bQqjs8oSfBo3z3v23qZdfVSPk8whg/edit>

They are running various different **FREE** courses for secondary school parents to attend such as:

- How to use learning platforms such as Google, Zoom and Teams
- Awareness of teenage mental health and how to approach this with your own child
- How to monitor children on the internet
- How to motivate their children to do work
- ESOL
- Functional Skills Maths
- Functional Skills English
- Functional; Skills ICT



*Online Counselling Service
for 11-25 year olds in Harrow*

As part of Mental Health services for young people in Harrow, the service complements their existing early intervention, Harrow Horizons.

It is a free online counselling and emotional well-being support service providing young people in Harrow, aged 11-25 years (up to 25th birthday), with a free, safe and secure means of accessing support with their emotional health and wellbeing from a professional team of qualified counsellors.

SAFEGUARDING TEAM

The Rooks Heath College Safeguarding Team have been trained to an advanced level on all aspects of safeguarding. The team is available to any student, parent or school staff member to discuss and report any safeguarding concerns.

The team Members are as follows:

Designated Safeguarding Lead -

Ms S Rockell

Deputy Designated Safeguarding Leads -

Ms V Cobblah-West, Miss L Dale and Mrs L Geoghegan

School Social Worker

Ms Evie Philips

Are all your contact details up to date?

If you change your home phone/email/mobile number, please let the school know, so that we have the most up-to-date contact details.

**Useful contacts to report a concern
If you are worried and need help, then please
contact one of the following:**

For children click here



Online here



Harrow Children's Services click here

020 8901 2690

Share the HOPE
Save a life

HOPELINEUK

0800 068 41 41 07860 039 967 pat@papyrus-uk.org

EMERGENCY
APPEAL

