



Protecting children on line

We are aware of the recent distressing images that have been spliced onto you Tube and Kids Tube.

NSPCC Response & Advice for Parents: A spokesperson for the NSPCC said: "The constantly evolving digital world means a steady influx of new apps and games and can be hard for parents to keep track of. "That's why it's important for parents to talk regularly with children about these apps and games and the potential risks they can be exposed to. "The NSPCC publishes advice and guidance for parents on discussing overall online safety with their children, as well as promoting [Net Aware](#) - the UK's only parental guide to social media and gaming apps."

Among the most common signs to watch out for include children who:

- **Become very secretive, especially about what they are doing online**
- **Are spending a lot of time on the internet and social media**
- **Are switching screens on their device when approached**
- **Are withdrawn or angry after using the internet or sending text messages**
- **Have lots of new phone numbers or email addresses on their devices**

If adults are concerned or have any questions on how to approach the subject with their children, they can contact the NSPCC Helpline on 0808 800 5000 or [visit the NSPCC website](#). Children who are worried about their activity on apps or online games can [contact Childline 24 hours a day, online](#) and over the phone on 0800 1111.

Rayners Lane Safer Neighbourhoods Team

Call 0208721 2988

RaynersLane.snt@met.police.uk

WWW.met.police.uk/saferneighbourhoods

In an emergency always call 999

Or for non-emergency call 101

