

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

BUTTERNUT MAC & CHEESE
With Crunchy Croutons

Spaghetti Bolognese
with Garlic Bread

CHICKEN SAUSAGE
Roast Potatoes and Gravy


CHICKEN TIKKA MASALA
With 50/50 Rice

BREADED FISH
with Chips & Garden Peas

OPTION #2

CHICKEN & VEGETABLE CHOW MEIN

FALAFEL WRAPS
with Couscous and Mint & Yoghurt Dip

VEGAN SAUSAGE
With Roast Potatoes and Gravy


SWEET POTATO & CHICKPEA CURRY
with 50/50 Rice

CHEESE & LEEK FRITTATA
with Chips and Garden Peas

ON THE SIDE

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT OF THE DAY

PINEAPPLE UPSIDE DOWN CAKE

CHOCOLATE CRUNCH CAKE


STICKY TOFFEE APPLE CRUMBLE
With Custard

WARMED JAMAICAN GINGER CAKE
with Ice Cream or Custard

ICED SPONGE CAKE

ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

21st April
02nd June
14th July
22nd September

12th May
23rd June
01st September
13th October

MENU KEY

 **ADDED PLANT PROTEIN**
 **VEGAN OPTION**
 **SOURCE OF WHOLEMEAL**

ALLERGIES

PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.

WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION #1

Sticky Soy and Honey Chicken Noodles

BEEF LASAGNE
with Garlic Bread and Salad



CREAMY CHICKEN AND BROCCOLI PIE
with New Potatoes



JERK CHICKEN
with Rice and Peas and Pineapple Slaw

FISH IN BATTER
with Chips

OPTION #2

CRUNCHY LENTIL PASTA BAKE
with Roasted Vegetables

CHICKPEA AND APRICOT TAGINE
With Couscous



LEEK, ONION & POTATO TRAY BAKE

CURRIED SQUASH & BUTTERBEAN STEW
with Rice and Peas & Slaw



VEGAN BURGER
with Chips



ON THE SIDE

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT OF THE DAY

CHOCOLATE SPONGE PUDDING

APPLE PIE
With Cream

PEAR & CHOC CRUMBLE
With Custard



JAM & COCONUT SPONGE

DATY FLAPJACK



ALSO AVAILABLE!

SOUP OF THE DAY
FILLED JACKET POTATOES

CHECK OUT...

28th April
09th June
21st July
29th September

19th May
30th June
08th September
20th October

MENU KEY



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VEGAN OPTION



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WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION

#1

CHICKEN AND SWEETCORN MEATBALL PASTA

CHICKEN SOUVLAKI

with Golden Rice or Seasoned Potatoes

ROAST OF THE DAY

New Potatoes & Gravy

ENCHILADAS

Chicken with 50/50 Rice

CHIP SHOP FISH / SAUSAGE

with Chips & Peas

OPTION

#2

SPAGHETTI & PLANT BASED MEATBALLS

SPINACH & CHEESE WHIRL

Golden Rice or Seasoned Potatoes

LENTIL DISC PIE

with New Potatoes & Gravy

MEXICAN SOYA CHILLI

with 50/50 Rice and Sour Cream

VEGAN SAUSAGE

Chips & Peas

ON THE SIDE

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

DESSERT OF THE DAY

CHOC ORANGE COOKIE

SUMMER FRUIT CRUMBLE

With Custard

FRUIT MUFFINS

PINEAPPLE UPSIDE DOWN CAKE

With Custard

CHOCOLATE BROWNIE

ALSO AVAILABLE!

**SOUP OF THE DAY
FILLED JACKET POTATOES**

CHECK OUT...

05th May
07th July
06th October

16th June
15th September

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ADDED PLANT PROTEIN

VEGAN OPTION



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